



SELF AWARENESS CENTRE

(An Institute for Human Resources Development and Spiritual Upliftment)

NON-RELIGIOUS

NON-COMMUNAL

NON-POLITICAL

The 7-Day Transformational Journey

A programme that eliminates ignorance and bridges the gap between science and spirituality; a basic programme for all programmes yet to come.

A BEAUTIFUL JOURNEY THAT BRINGS YOU BACK TO YOURSELF

Make the difference in your life by attending this exclusive life-changing programme and take control of your future. Your future is yours to decide. The 7DTJ is about:

- Understanding the REAL purpose and the meaning of LIFE;
- ATTRACTING everything you want in life from wealth to better health to harmony at home;
- Living in the MOMENT; forgetting the past and not worrying about the future;
- Discovering your true potential and your hidden creativity;
- Creating winning formulas for a perfect existence on planet earth;
- Healing emotional wounds;
- Dealing with the subconscious and the unconscious mind;
- Discovering and Uncovering the Real YOU; and
- Heart-center Meditation and Kundalini Yoga Meditation.

The programme gives you insights and answers to live life to the fullest – it gives you what you are looking for!

***DON'T JUST EXIST!
LIVE MAGNIFICENTLY!***

*Forget the past (no regrets),
plan the future (no worries)
The present is NOW and HERE.
LIVE MOMENT BY MOMENT!
Paranjothi Subramaniam*

*Make a commitment to allow
changes to take place in your life.
Call us now to find out more about
the programme:*

Telephone:

012 – 267 4543 (Nagaraju)

012 – 291 5242 (Santha)



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